



Emergency Assistance:
Medical Emergencies call 911
Other: 570-840-2516

MIDWEEK VACATIONS SAMPLE SCHEDULE

Monday

Welcome to your midweek vacation at New Jersey Y camps! All of us here hope you have a wonderful stay with us, whether you are staying one night or more. Please do not hesitate to ask any of our staff to assist you in anyway throughout your stay. To ensure you get the most out of your Midweek camp experience please read the following schedule.* THIS IS A SAMPLE and is SUBJECT TO CHANGE at ANYTIME.

3:00 – 5:00PM

NJW Pool

Come along for a relaxing swim at the NJW Pool

4:00PM

Take a Snack Break

4:30-5:30pm

Mountain Biking

Meet at the Roller Hockey for an exciting bike ride around camp.

3:00 – 6:00PM

High Ropes

Ropes Elements or Ziplines

GIANT SWING

Come and see our newest flying adventure at Camp Nah Jee Wah

Archery

Located across from the big rec

6:15 – 7:00PM

DINNER

7:00 – 8:00PM

Nature Hike

Meet @ NJW Gazebo

Meet Dave at the Gazebo to get a closer look at our camp groups

Tie Dye

The Den

Come Tie Dye with your whole family. T-Shirts Available for \$5 each! Or bring your own

8:45PM

Family Games

Big Rec

Come along meet new families and learn something new about each other

9:45PM

Good Night Snack

Nah Jee Wah Dining Hall

For ideas of trips and outings please refer to the handbook on your dinner table or ask us!

* Please Note that the following activity areas are open for the whole week.

Tennis Courts, Hockey Rink, Basketball Courts, & Baseball fields

Location: NJW Athletic Fields

Fishing

Location: Lagoon or NJW Lake

Beach Volleyball Court

Location: NJW Pool or NJW Lake

Board Games & Cards

Location: Fireside Lounge

* Dining

All Meals are held in the Nah Jee Wah Dining Hall and are served buffet style. Vegetarian options and peanut butter & jelly are always available. Coffee, tea, and a light snack are always in the Fireside Lounge which is attached to the dining hall. Please ask a staff member to assist you if you cannot find something you need



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MIDWEEK VACATIONS

Tuesday

8:00AM-9:15AM

BREAKFAST

9:15AM

Day Camp DROP OFF

Meet Zeb @ Breakfast for Day Camp Drop off for children going into grades 1-6.

9:30AM – 12:30PM

NJW Lake

Boating, Slide or Elements

Banana Boats

CLC LAKE

Come join us at the Cedar Lake for some exciting Banana Boat Rides for Families only!

10:00AM- 11:00AM

GIANT SWING

Come and see our newest flying adventure at Camp Nah Jee Wah

10:00-12:00PM

ORIGAMI

Traditional Eastern art of paperfolding, will also show you some great napkin tricks for those dinner parties! NJW Gazebo

12:00PM

Day Camp PICK UP

Parents please meet Zeb @ the NJW Dining Hall to pick up your children from Day Camp.

12:45PM-1:30PM

LUNCH

SEE YOU NEXT YEAR,

MONDAY NIGHT MIDWEEK

VACATIONERS! TRAVEL SAFE

1:30-2.15PM

NJW Aquarobics for ALL

Come join us for a high energy session in NJW Pool

2.30-5:00PM

NJW Pool

Come along for a relaxing swim

1:30-5:00PM

Archery

Located across from the big rec

3:00PM

Volleyball Game

NJW Lake Court

4:00PM

Snack Break

4:30-5:30pm

Mountain Biking

Meet at the Big Rec for an exciting bike ride around camp.

5:00PM-6:00PM

Tie Dye

Join us at the NJW Arts & Crafts Den for some traditional fun! T-Shirts available for \$5

6:00PM

DINNER

7:45PM

Family Show

Big Rec

Come watch the Harlem Hoopsters show!

8.45PM-10:00PM

Bonfire & Marshmallow Roast

Skyland Beach

For ideas of trips and outings please refer to the handbook on your dinner table or talk to your concierge

* Please Note that the following activity areas are open for the whole week.

Tennis Courts, Hockey Rink, Basketball Courts, & Baseball fields

Location: NJW Athletic Fields

Fishing

Location: Lagoon or NJW Lake

Beach Volleyball Court

Location: NJW Pool or NJW Lake

Board Games & Cards
Location: Fireside Lounge



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MIDWEEK VACATIONS

Wednesday

8:00AM-9:15AM

BREAKFAST

9:30AM

Day Camp DROP OFF

Meet Zeb @ Breakfast for Day Camp Drop off for children going into grades 1-6.

9:30AM-12:30PM

High Ropes

Ropes Elements or Ziplines

GIANT SWING

Come and see our newest flying adventure at Camp Nah Jee Wah

NJW Lake

Boating, Slide or Elements

Beading

Location: Skyland beach Studio

Board Games

NJW Dining Hall

9:30-10:30AM

Circuit Training

Come and wake yourself up with some hi or low impact exercise at the Hillside Rec. On the hill up to CEDAR LAKE.

10:30-11:30

Morning Stretches with Suzi

Meet at the Hillside rec for this fabulous wake up session!

10.30-12.00PM

Knitting

Come relax and learn a stitch or two, MAIN ADMIN CONFERENCE ROOM

12:00PM

Day Camp PICK UP

Parents please meet Zeb @ the NJW Dining Hall to pick up your children from Day Camp.

12:45PM-1:30PM

LUNCH

SEE YOU NEXT YEAR,

TUESDAY NIGHT MIDWEEK
VACATIONERS! TRAVEL SAFE

1:30PM-6:00PM

NJW Pool

Come along for a relaxing swim

High Ropes Course

Elements & Zipline

FAMILY BINGO- WITH PRIZES

B I N G O- Did we hear you correct? Come down to the dining hall for some laughter and BINGO.

2:30PM-4:30PM

Arts & Crafts @ the Den

3:00PM-6:00PM

Archery

Across from the Big Rec

3:30PM

Basketball HORSE Tournament

Meet Rupak on the NJW Athletic Fields or Big Rec if Rain for a basketball shoot out to remember.

4:00PM

Snack Break

4:30-5:30pm

Mountain Biking

Meet at Roller Hockey for an exciting bike ride around camp.

6:00PM-7:00PM

DINNER

Special BBQ Cook Out on Skyland Beach Picnic Style

7.30-8.15PM

NJY's Got Talent

Poolside Rec

Come see your day campers, parents and staff perform some wonderful talent

8.30PM-9:30PM

3D Movie

Dining Hall

Popcorn and a 3D movie, fun for all the family

9.45PM

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MIDWEEK VACATIONS

Thursday

8:00AM-9:15AM

BREAKFAST

9:30AM – 12:30PM

NJW Lake

Boating, Slide or Elements

Banana Boats + Jetski

CLC LAKE

Come join us at the Cedar Lake for some exciting (Banana Boat Rides 9:30-10:30am) (Jetski 10.30-12.30pm) for Families.

High Ropes Course

Ropes Elements or Ziplines

GIANT SWING

Come and see our newest flying adventure at Camp Nah Jee Wah

Archery

Across from the Big Rec

9:30-10:30am

Mountain Biking

Meet at Roller Hockey for an exciting bike ride around camp.

10:30-11:30am

Mountain Biking

Meet at Roller Hockey for an exciting bike ride around camp.

12:45PM-1:30PM

LUNCH

**SEE YOU NEXT YEAR,
WEDNESDAY NIGHT MIDWEEK
VACATIONERS! TRAVEL SAFE**

1:30-6:00PM

NJW Lake

Boating, Slide or Elements

1:30PM-4:30PM

Tie Dye

The Den

3:30PM-5:30PM

NJW Pool

2:30-6:00pm

High Ropes Course

Elements & Zipline

GIANT SWING

Come and see our newest flying adventure at Camp Nah Jee Wah

4:00PM

Snack Break

4:30-5:30pm

Mountain Biking

Meet at Roller Hockey for an exciting bike ride around camp.

6:00PM-7:00PM

DINNER

Special BBQ Cook Out at the NJW Pool

7:00-8:00PM

Night Giant Swing

*Swinging...but in the dark, double the thrill NJW
LOW ROPES*

8:00PM

Family Fun

Big Rec

Come for music and games with Rumba Alex!

9:30PM

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Bonfire & Marshmallow Roast

Come to skyland beach for a late nigh treat!



MIDWEEK VACATIONS

Friday

8:30AM-9:15AM

BREAKFAST

9:00AM-12:30AM

NJW Lake

Boating, Elements, Slide

Banana Boats & Jet Ski

CLC LAKE

Come join us at the Cedar Lake for some exciting Water Fun for Families only!

High Ropes Course

Elements & Zipline

Archery

Across from the Big Rec

GIANT SWING

Come and see our newest flying adventure at Camp Nah Jee Wah

12:30PM-1:30PM

LUNCH

**SEE YOU NEXT YEAR,
MIDWEEKVACATIONERS!**

***Thank you for joining us at our first Midweek Family Vacations
Camp here at New Jersey Y Camps! We hope you had a
wonderful weekend and that will see you back next year.***

** If your family is staying for Family Camping Weekend, Please come by our Main
Administration building @3:00pm to check in and receive the weekend schedule*

***Please vacate your bunks by 1:30PM so that we may prepare
them for our next group.***